

2023 HRC Summer Slam Triathlon

Race Date
July 29, 2023

Overall Results

Triathlon

Place	Name	Bib No	AG Place	----- Swim -----		T 1		----- Bike -----		T 2		----- Run -----		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time
1	Sean Rodger	18	1:M Champ	6	8:21.6	33:27	0:37.2	1	33:06.5	2:46	0:59.3	2	22:07.3	7:08	1:05:12.1
2	Kolten Cook	6	1:M 30-39	1	6:35.4	26:22	0:33.2	2	34:24.8	2:52	0:34.1	7	23:44.2	7:39	1:05:51.9
3	James Wright	9	1:M Masters	4	8:05.0	32:20	1:05.9	4	36:19.4	3:02	1:24.3	3	22:40.8	7:19	1:09:35.6
4	Ryan Lahey	16	2:M 30-39	3	7:21.4	29:26	1:09.8	5	37:35.9	3:08	0:28.9	8	24:00.1	7:45	1:10:36.2
5	Bob Sanderson	29	1:M 70-79	11	9:52.4	39:30	1:09.4	3	34:58.3	2:55	0:56.4	11	24:43.0	7:58	1:11:39.7
6	Ryder Eakin	26	3:M 30-39	5	8:10.5	32:42	1:49.2	6	38:05.5	3:10	0:27.8	10	24:24.6	7:52	1:12:57.8
7	Kort Cook	7	4:M 30-39	2	7:09.4	28:38	0:43.6	10	42:00.4	3:30	0:43.8	15	27:00.7	8:43	1:17:38.0
8	juan manuel hernandez	5	1:M 40-49	8	9:10.8	36:43	0:55.8	8	40:03.1	3:20	1:01.1	14	26:44.4	8:38	1:17:55.5
9	Jenny Karn	27	1:F Champ	15	10:32.4	42:10	2:30.2	9	40:04.6	3:20	1:16.3	9	24:05.9	7:46	1:18:29.6
10	Nicole Iman	15	1:F 30-39	7	9:06.5	36:26	1:09.6	11	42:31.4	3:33	0:28.7	16	27:04.8	8:44	1:20:21.1
11	Marlene Cook	22	1:F Masters	9	9:17.0	37:08	1:17.3	7	39:05.0	3:15	0:56.9	18	30:32.4	9:51	1:21:08.8
12	Susan Dumler	19	2:F 30-39	12	10:01.7	40:07	2:21.1	17	47:50.5	3:59	0:33.5	1	20:24.1	6:35	1:21:11.1
13	Nolan Schmeidler	20	5:M 30-39	20	12:12.3	48:50	1:59.1	12	44:28.7	3:42	0:20.1	4	23:15.0	7:30	1:22:15.4
14	Cade Scott	57	6:M 30-39	13	10:28.0	41:52	2:30.1	19	50:13.0	4:11	0:39.4	6	23:44.0	7:39	1:27:34.8
15	Sara Breeze	24	1:F 40-49	22	13:06.1	52:25	2:04.1	16	47:43.6	3:59	1:10.4	13	25:42.5	8:18	1:29:46.8
16	Lynsay Watts	23	2:F 40-49	16	10:58.4	43:54	4:35.6	15	47:41.3	3:58	1:08.6	12	25:27.9	8:13	1:29:51.9
17	Tyler Brungardt	41	7:M 30-39	18	11:41.0	46:44	1:44.6	18	49:31.3	4:08	0:31.7	17	29:07.7	9:24	1:32:36.5
18	Sarah Staten	21	3:F 30-39	10	9:46.6	39:07	2:09.0	13	46:25.9	3:52	0:38.0	19	35:24.1	11:25	1:34:23.8
19	Brooke Begler	30	4:F 30-39	17	11:24.5	45:38	1:14.0	14	47:40.3	3:58	0:24.6	20	40:36.4	13:06	1:41:20.0
20	Jace Linenberger	17	1:M 15-19	14	10:29.3	41:57	2:10.0	21	1:06:40.1	5:33	1:04.9	5	23:24.4	7:33	1:43:48.8
21	Jimmie Kellum	31	2:M 40-49	21	12:33.6	50:14	3:13.9	20	1:05:45.0	5:29	1:00.3	21	44:25.8	14:20	2:06:58.7
22	Darby Eakin	53	1:F 15-19	23	13:34.9	54:20	3:02.4	22	1:24:49.6	7:04	1:01.6	22	47:28.6	15:19	2:29:57.3
23	Brenna Schwien	40	2:F 15-19	19	11:52.2	47:29	3:30.7	23	1:27:32.8	7:18	2:17.5	23	51:42.0	16:41	2:36:55.4

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Overall Results

Team Tri

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T 1</u>	<u>Bike</u>			<u>T 2</u>	<u>Run</u>			<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Two Teachers Rocking It!	10	1:F Mixed	1	8:22.7	33:31		1	47:59.5	4:00	0:15.6	2	25:49.0	8:20	1:22:27.0
2	Buffalo Bo	25	2:F Mixed	4	10:42.6	42:50		2	52:06.7	4:21	3:14.0	1	25:14.5	8:09	1:31:17.9
3	Amanda & Alisha	61	3:F Mixed	2	10:24.9	41:40		3	56:47.3	4:44		3	27:10.6	8:46	1:34:22.9
4	Judds Team	42	4:M Mixed	5	11:28.8	45:55	1:07:03.0					5	33:11.6	10:42	1:51:26.1
5	Rbr For Judd	34	5:M Mixed	3	10:35.6	42:23	1:36.0				1:17:21.0	4	31:59.1	10:19	2:01:32.0
6	Team Landrie	48	6:M Mixed	6	13:51.8	55:28	1:20:31.9					6	46:37.2	15:02	2:21:01.0

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T 1</u>			<u>Bike</u>			<u>T 2</u>			<u>Run</u>		<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>			
1	Claire Maydew	11	1:F Female	1	4:01.9	33:36	1:43.8	3	17:48.1	2:58	0:19.1	1	12:37.8	8:25	36:30.9		
2	Beckett Kitchen	56	1:M Male 99	4	7:07.3	59:21	2:03.2	1	15:50.4	2:38	0:19.5	2	14:16.7	9:31	39:37.2		
3	Andy Eiden	54	2:M Male 99	2	6:18.9	52:38	1:21.8	2	16:59.2	2:50	0:22.7	3	16:21.7	10:54	41:24.4		
4	Noah Brungardt	43	3:M Male 99	8	10:22.4	86:27	2:58.0	7	20:43.3	3:27	0:47.8	4	18:27.3	12:18	53:19.0		
5	Lillian Iman	37	2:F Female	3	6:37.1	55:09	6:25.0	4	18:29.8	3:05	3:28.4	5	24:10.8	16:07	59:11.3		
6	Bethany Eiden	55	3:F Female	5	8:01.6	66:54	4:06.1	5	19:38.4	3:16		7	47:15.7	31:31	59:28.9		
7	Valerie Iman	38	4:F Female	7	8:50.3	73:40	4:28.9	6	19:44.9	3:17	2:18.8	6	25:26.5	16:58	1:00:49.5		
8	Emma Iman	46	5:F Female	6	8:50.1	73:38	3:55.5	8	20:52.8	3:29		8	49:06.6	32:44	1:01:57.5		

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Kids Team Tri

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Pace</u>	<u>T 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	Triforce Team	3	1:F Mixed	1	6:36.8	55:07	15:51.9					1	12:51.9	8:35	35:12.0