

2020 RMAC CROSS COUNTRY CHAMPIONSHIPS

Colorado Springs, CO
 Monument Valley Park
 Saturday, October 24, 2020



OFFICIAL MEET REPORT
 printed: 10/24/2020 11:55 AM

Race #1
WOMEN • 6 Kilometers (3.73 Miles)

2K SPLIT SCORES

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Western Colorado	50	3-4-9-13-21(22)(24)	35:35	7:07
2 Adams State	71	2-12-15-17-25(41)(43)	35:54	7:11
3 UC-Colo. Spgs.	76	7-8-16-18-27(28)(29)	35:55	7:11
4 MSU Denver	100	5-6-20-34-35(49)(56)	36:01	7:13
5 Westminster (Utah)	131	14-19-23-37-38(58)(72)	36:27	7:18
6 Colorado Mines	138	1-30-31-32-44(46)(52)	36:27	7:18
7 Fort Lewis	174	11-36-40-42-45(57)(66)	36:51	7:23
8 Black Hills St.	220	10-39-54-55-62(65)(67)	37:33	7:31
9 Colo. Christian	258	47-48-50-53-60(70)(71)	37:51	7:35
10 Colorado Mesa	277	26-33-68-74-76(81)(82)	38:21	7:41
11 South Dakota Mines	314	51-61-63-64-75(77)(83)	38:47	7:46
12 Chadron State	358	59-69-73-78-79(80)	39:46	7:58

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
1 BAKER, Zoe	JR	102	Colorado Mines (1)	1	7:00.6	---	1:52.7	1:10.1
2 ROBLES, Brianna	SO	19	Adams State (1)	2	7:00.8	.2	1:52.8	1:10.1
3 SHARON, Bailey	SR	221	Western Colorado (3	7:01.1	.5	1:52.9	1:10.2
4 DOUCETTE, Katie	SO	217	Western Colorado (4	7:01.2	.6	1:52.9	1:10.2
5 GRUIDEL, Alden	SR	140	MSU Denver (1)	5	7:01.3	.7	1:52.9	1:10.2
6 NORTON, Erin	SR	146	MSU Denver (2)	6	7:01.7	1.1	1:53.0	1:10.3
7 ALMASRI, Layla	JR	195	UC-Colo. Spgs. (1)	7	7:05.5	4.9	1:54.1	1:10.9
8 MCGRATH, Riley	SO	200	UC-Colo. Spgs. (2)	8	7:05.8	5.2	1:54.1	1:11.0
9 THIROS, Alexia	SR	224	Western Colorado (9	7:06.0	4.4	1:54.2	1:11.0
10 ROBINSON, Xiomara		38	Black Hills St. (1)	10	7:09.2	8.6	1:55.0	1:11.5
11 SALZANO, Makiah	SR	128	Fort Lewis (1)	11	7:10.8	10.2	1:55.5	1:11.8
12 WILLS, Sarah	SR	21	Adams State (2)	12	7:12.0	10.4	1:55.8	1:12.0
13 CONGOUR, Malindi	SR	216	Western Colorado (13	7:12.5	11.9	1:55.9	1:12.1
14 ROHRER-FITZHUGH, Hann	JR	239	Westminster (Utah)	14	7:12.6	12.0	1:56.0	1:12.1
15 PAREDES, Reina	FR	18	Adams State (3)	15	7:12.9	12.3	1:56.0	1:12.1
16 WEIR, Molly	JR	204	UC-Colo. Spgs. (3)	16	7:13.1	12.5	1:56.1	1:12.2
17 LAWRENCE, Nicole	SO	16	Adams State (4)	17	7:13.2	12.6	1:56.1	1:12.2
18 ELLIS, Hannah	JR	197	UC-Colo. Spgs. (4)	18	7:13.5	12.9	1:56.2	1:12.2
19 ANDERSON, Saydi	SO	234	Westminster (Utah)	19	7:13.9	13.3	1:56.3	1:12.3
20 CARRASCO, Stephanie	SO	139	MSU Denver (3)	20	7:13.9	13.3	1:56.3	1:12.3
21 GIGSTAD, Hannah Mae	SO	218	Western Colorado (21	7:14.2	13.6	1:56.4	1:12.4
22 KNEZ, MaKenna	FR	219	Western Colorado ((22)	7:14.5	13.9	1:56.5	1:12.4
23 SCOTT, Katie	SR	240	Westminster (Utah)	23	7:15.0	13.4	1:56.6	1:12.5
24 BOYLE, Bridget	SO	215	Western Colorado ((24)	7:15.0	13.4	1:56.6	1:12.5
25 HYKES, Morgan	FR	15	Adams State (5)	25	7:15.3	14.7	1:56.7	1:12.5
26 TATUM, Alyssa	JR	223	Western Colorado	-	7:15.7	15.1	1:56.8	1:12.6
27 SATATHITE, Brooke	FR	220	Western Colorado	-	7:15.9	15.3	1:56.8	1:12.6
28 MACGILL, Kira	FR	88	Colorado Mesa (1)	26	7:16.1	15.5	1:56.9	1:12.7
29 RICHTMAN, Rachel	FR	201	UC-Colo. Spgs. (5)	27	7:16.9	16.3	1:57.1	1:12.8

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WOMEN • 6 Kilometers (3.73 Miles)**2K SPLIT SCORES****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
30 RYCENGA, Kelsey	FR	202	UC-Colo. Spgs. (6)	(28)	7:17.8	17.2	1:57.4	1:13.0
31 HEDLUND, Kate	FR	198	UC-Colo. Spgs. (7)	(29)	7:18.6	18.0	1:57.6	1:13.1
32 MOLESWORTH, Morgan	JR	106	Colorado Mines (2)	30	7:18.6	18.0	1:57.6	1:13.1
33 KENIRY, Heather	SO	104	Colorado Mines (3)	31	7:18.8	18.2	1:57.6	1:13.1
34 SMITH, Jenny	SR	203	UC-Colo. Spgs.	-	7:19.2	18.6	1:57.7	1:13.2
35 ENDSLEY, Melina	SO	103	Colorado Mines (4)	32	7:20.8	20.2	1:58.2	1:13.5
36 PARSONS, Lindsay	JR	90	Colorado Mesa (2)	33	7:20.8	20.2	1:58.2	1:13.5
37 KEMP, Makenna	JR	142	MSU Denver (4)	34	7:21.4	20.8	1:58.3	1:13.6
38 HOWARD, Jenna	SO	141	MSU Denver (5)	35	7:22.0	20.4	1:58.5	1:13.7
39 CURLEY, Angel	SO	122	Fort Lewis (2)	36	7:22.1	21.5	1:58.5	1:13.7
40 LEE, Amanda	FR	237	Westminster (Utah)	37	7:22.3	21.7	1:58.6	1:13.7
41 MCALINDON, Courtney	SO	238	Westminster (Utah)	38	7:23.3	22.7	1:58.8	1:13.9
42 LINDQUIST, Ruby		35	Black Hills St. (2)	39	7:23.6	23.0	1:58.9	1:13.9
43 BENZE, Krista	SO	121	Fort Lewis (3)	40	7:23.9	23.3	1:59.0	1:14.0
44 FOSTER, Amanda	SO	14	Adams State (6)	(41)	7:24.7	24.1	1:59.2	1:14.1
45 FANKHOUSER, Katie	FR	125	Fort Lewis (4)	42	7:25.6	25.0	1:59.5	1:14.3
46 DORION, Amalia	FR	13	Adams State (7)	(43)	7:26.3	25.7	1:59.6	1:14.4
47 SCHOELLKOPF, Emily	FR	20	Adams State	-	7:27.6	27.0	2:00.0	1:14.6
48 SOLHEIM, Peyton	FR	109	Colorado Mines (5)	44	7:28.3	27.7	2:00.2	1:14.7
49 HONYUMPTWA, Alisia	SO	126	Fort Lewis (5)	45	7:28.4	27.8	2:00.2	1:14.7
50 RAICHART, Alex	SO	108	Colorado Mines (6)	(46)	7:29.4	28.8	2:00.5	1:14.9
51 KETNER, Callie	SO	68	Colo. Christian (1)	47	7:30.2	29.6	2:00.7	1:15.0
52 SHUSTER, Christy	SR	73	Colo. Christian (2)	48	7:30.5	29.9	2:00.8	1:15.1
53 KORT, Vanessa	JR	143	MSU Denver (6)	(49)	7:30.8	30.2	2:00.8	1:15.1
54 MUEHLBAUER, Ana	JR	71	Colo. Christian (3)	50	7:31.0	30.4	2:00.9	1:15.2
55 BASSETT, Sarah	FR	196	UC-Colo. Spgs.	-	7:32.0	30.4	2:01.2	1:15.3
56 MORALES, Paige	SO	17	Adams State	-	7:33.3	32.7	2:01.5	1:15.5
57 BUTLER, Lindsay	FR	177	South Dakota Mine	51	7:33.9	33.3	2:01.7	1:15.6
58 MOSER, Holly	FR	107	Colorado Mines (7)	(52)	7:34.6	34.0	2:01.9	1:15.8
59 MATTSON, Elizabeth	SO	70	Colo. Christian (4)	53	7:35.3	34.7	2:02.1	1:15.9
60 RIEF, Allison	FR	37	Black Hills St. (3)	54	7:37.1	36.5	2:02.5	1:16.2
61 BROWN, Sylvia	FR	32	Black Hills St. (4)	55	7:37.6	37.0	2:02.7	1:16.3
62 PORTER, Cassandra	JR	147	MSU Denver (7)	(56)	7:39.0	38.4	2:03.1	1:16.5
63 WILLIAMS, Sydney	FR	110	Colorado Mines	-	7:39.1	38.5	2:03.1	1:16.5
64 DELACRUZ, Karla	SR	123	Fort Lewis (6)	(57)	7:39.3	38.7	2:03.1	1:16.5
65 WORLINE, Emily	SO	242	Westminster (Utah)	(58)	7:40.1	39.5	2:03.3	1:16.7
66 WATSON, Madison	SR	52	Chadron State (1)	59	7:43.0	41.4	2:04.1	1:17.2
67 READ, ABI	FR	148	MSU Denver	-	7:43.9	43.3	2:04.3	1:17.3
68 CAUSEY, Hannah	SR	65	Colo. Christian (5)	60	7:44.0	42.4	2:04.4	1:17.3
69 MOENNING, Bekah	SO	144	MSU Denver	-	7:44.1	43.5	2:04.4	1:17.3
70 DARNELL, Ryley	FR	178	South Dakota Mine	61	7:44.5	43.9	2:04.5	1:17.4
71 DYKSTRA, Erica		33	Black Hills St. (5)	62	7:44.9	44.3	2:04.6	1:17.5
72 BRIGHT, Taylor	SO	176	South Dakota Mine	63	7:45.0	43.4	2:04.7	1:17.5
73 FRANKE, Alyssa	SO	180	South Dakota Mine	64	7:45.2	44.6	2:04.7	1:17.5
74 HUDYMA, Mayson		34	Black Hills St. (6)	(65)	7:45.5	44.9	2:04.8	1:17.6
75 BECK, Esther	JR	120	Fort Lewis (7)	(66)	7:45.7	45.1	2:04.9	1:17.6

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
76 LUNDQUIST, Taylor		36	Black Hills St. (7)	(67)	7:45.8	45.2	2:04.9	1:17.6
77 ELDER, Dorothy	JR	124	Fort Lewis	-	7:45.8	45.2	2:04.9	1:17.6
78 WALD, Morgan	FR	39	Black Hills St.	-	7:47.7	47.1	2:05.4	1:17.9
79 HIRSCHMAN, Tamara	FR	85	Colorado Mesa (3)	68	7:48.3	47.7	2:05.5	1:18.0
80 WILLADSEN, Emma	SR	54	Chadron State (2)	69	7:50.1	49.5	2:06.0	1:18.3
81 KUIPERS, Michelle	FR	69	Colo. Christian (6)	(70)	7:51.7	51.1	2:06.5	1:18.6
82 HOOPER, Tessa	JR	67	Colo. Christian (7)	(71)	7:51.8	51.2	2:06.5	1:18.6
83 JOHNSON, Josii	SO	236	Westminster (Utah)	(72)	7:52.0	50.4	2:06.5	1:18.7
84 VILHAUER, Maddy	SR	241	Westminster (Utah)	-	7:52.1	51.5	2:06.6	1:18.7
85 ROMEY, Tukker	FR	49	Chadron State (3)	73	7:52.7	52.1	2:06.7	1:18.8
86 PIERANTONI, Beth	FR	72	Colo. Christian	-	7:53.3	52.7	2:06.9	1:18.9
87 MENTE, Kenzie	JR	89	Colorado Mesa (4)	74	7:54.2	53.6	2:07.1	1:19.0
88 SALINE, Abbie	FR	183	South Dakota Mine	75	7:58.5	57.9	2:08.3	1:19.7
89 KNIGHT, Jaden	FR	127	Fort Lewis	-	8:00.4	59.8	2:08.8	1:20.1
90 KINCAID, Taylor	FR	87	Colorado Mesa (5)	76	8:01.7	1:01.1	2:09.1	1:20.3
91 WILSON, Adeline	SO	184	South Dakota Mine	(77)	8:04.1	1:03.5	2:09.8	1:20.7
92 SETTLES, Sydney	JR	50	Chadron State (4)	78	8:07.1	1:06.5	2:10.6	1:21.2
93 SWINNEY, Kassyl	FR	51	Chadron State (5)	79	8:12.7	1:12.1	2:12.1	1:22.1
94 WILKIE, Hannah	FR	53	Chadron State (6)	(80)	8:20.9	1:20.3	2:14.3	1:23.5
95 ROSENKRANZ, Ella	FR	91	Colorado Mesa (6)	(81)	8:25.7	1:25.1	2:15.6	1:24.3
96 KINCAID, Arianna	FR	86	Colorado Mesa (7)	(82)	8:25.8	1:25.2	2:15.6	1:24.3
97 DENMAN, Hannah	FR	179	South Dakota Mine	(83)	8:26.8	1:26.2	2:15.9	1:24.5
98 KNUDTSON, Lillian	FR	182	South Dakota Mine	-	8:34.3	1:33.7	2:17.9	1:25.7
99 KACZMARZ, Nadia	SO	181	South Dakota Mine	-	8:46.5	1:45.9	2:21.1	1:27.7

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Race #1
WOMEN • 6 Kilometers (3.73 Miles)**4K SPLIT SCORES****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Western Colorado	47	2-6-8-11-20(23)(30)	1:12:42	14:33
2 Adams State	73	3-10-14-19-27(36)(44)	1:13:51	14:47
3 Colorado Mines	81	1-15-16-18-31(49)(54)	1:14:05	14:49
4 UC-Colo. Spgs.	90	7-12-13-26-32(34)(37)	1:14:24	14:53
5 MSU Denver	100	4-5-22-29-40(45)(55)	1:14:05	14:49
6 Westminster (Utah)	157	17-25-33-35-47(62)(74)	1:16:20	15:16
7 Black Hills St.	196	9-28-42-58-59(61)(69)	1:17:21	15:29
8 Fort Lewis	208	24-39-46-48-51(53)(57)	1:17:49	15:34
9 Colo. Christian	250	41-43-50-52-64(73)(75)	1:18:58	15:48
10 Colorado Mesa	267	21-38-65-66-77(80)(82)	1:19:34	15:55
11 South Dakota Mines	327	56-60-68-71-72(79)(83)	1:21:11	16:15
12 Chadron State	354	63-67-70-76-78(81)	1:22:36	16:32

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
1 BAKER, Zoe	JR	102	Colorado Mines (1)	1	14:06.9	---	3:47.0	2:21.1
2 SHARON, Bailey	SR	221	Western Colorado (2	14:14.4	7.5	3:49.0	2:22.4
3 ROBLES, Brianna	SO	19	Adams State (1)	3	14:14.4	7.5	3:49.0	2:22.4
4 GRUIDEL, Alden	SR	140	MSU Denver (1)	4	14:14.5	7.6	3:49.1	2:22.4
5 NORTON, Erin	SR	146	MSU Denver (2)	5	14:14.8	7.9	3:49.2	2:22.5
6 DOUCETTE, Katie	SO	217	Western Colorado (6	14:14.9	8.0	3:49.2	2:22.5
7 ALMASRI, Layla	JR	195	UC-Colo. Spgs. (1)	7	14:27.7	20.8	3:52.6	2:24.6
8 THIROS, Alexia	SR	224	Western Colorado (8	14:33.3	26.4	3:54.1	2:25.5
9 ROBINSON, Xiomara		38	Black Hills St. (1)	9	14:39.4	32.5	3:55.8	2:26.6
10 LAWRENCE, Nicole	SO	16	Adams State (2)	10	14:42.4	35.5	3:56.5	2:27.1
11 CONGOUR, Malindi	SR	216	Western Colorado (11	14:42.7	35.8	3:56.6	2:27.1
12 ELLIS, Hannah	JR	197	UC-Colo. Spgs. (2)	12	14:46.6	39.7	3:57.7	2:27.8
13 MCGRATH, Riley	SO	200	UC-Colo. Spgs. (3)	13	14:48.9	42.0	3:58.3	2:28.1
14 WILLS, Sarah	SR	21	Adams State (3)	14	14:52.3	45.4	3:59.2	2:28.7
15 MOLESWORTH, Morgan	JR	106	Colorado Mines (2)	15	14:53.6	46.7	3:59.6	2:28.9
16 KENIRY , Heather	SO	104	Colorado Mines (3)	16	14:54.3	47.4	3:59.8	2:29.0
17 ROHRER-FITZHUGH, Hann	JR	239	Westminster (Utah)	17	14:55.3	48.4	4:00.0	2:29.2
18 ENDSLEY , Melina	SO	103	Colorado Mines (4)	18	14:55.8	48.9	4:00.2	2:29.3
19 PAREDES, Reina	FR	18	Adams State (4)	19	14:56.0	48.1	4:00.2	2:29.3
20 GIGSTAD, Hannah Mae	SO	218	Western Colorado (20	14:56.1	49.2	4:00.2	2:29.3
21 MACGILL, Kira	FR	88	Colorado Mesa (1)	21	14:59.2	52.3	4:01.1	2:29.9
22 CARRASCO , Stephanie	SO	139	MSU Denver (3)	22	15:00.5	53.6	4:01.4	2:30.1
23 SATATHITE, Brooke	FR	220	Western Colorado ((23)	15:01.3	54.4	4:01.6	2:30.2
24 SALZANO, Makiah	SR	128	Fort Lewis (1)	24	15:02.7	55.8	4:02.0	2:30.4
25 ANDERSON, Saydi	SO	234	Westminster (Utah)	25	15:02.9	56.0	4:02.0	2:30.5
26 WEIR, Molly	JR	204	UC-Colo. Spgs. (4)	26	15:04.4	57.5	4:02.5	2:30.7
27 HYKES, Morgan	FR	15	Adams State (5)	27	15:05.3	58.4	4:02.7	2:30.9
28 LINDQUIST, Ruby		35	Black Hills St. (2)	28	15:06.2	59.3	4:02.9	2:31.0
29 KEMP, Makenna	JR	142	MSU Denver (4)	29	15:08.9	1:02.0	4:03.7	2:31.5

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31 TATUM, Alyssa	JR	223	Western Colorado	-	15:10.0	1:03.1	4:04.0	2:31.7
32 SOLHEIM , Peyton	FR	109	Colorado Mines (5)	31	15:13.7	1:06.8	4:04.9	2:32.3
33 RICHTMAN, Rachel	FR	201	UC-Colo. Spgs. (5)	32	15:16.2	1:09.3	4:05.6	2:32.7
34 SCOTT, Katie	SR	240	Westminster (Utah)	33	15:16.7	1:09.8	4:05.8	2:32.8
35 HEDLUND, Kate	FR	198	UC-Colo. Spgs. (6)	(34)	15:19.1	1:12.2	4:06.4	2:33.2
36 KNEZ, MaKenna	FR	219	Western Colorado	-	15:19.9	1:13.0	4:06.6	2:33.3
37 LEE, Amanda	FR	237	Westminster (Utah)	35	15:19.9	1:13.0	4:06.6	2:33.3
38 SCHOELLKOPF, Emily	FR	20	Adams State (6)	(36)	15:20.0	1:12.1	4:06.6	2:33.3
39 RYCENGA, Kelsey	FR	202	UC-Colo. Spgs. (7)	(37)	15:20.0	1:12.1	4:06.6	2:33.3
40 PARSONS, Lindsay	JR	90	Colorado Mesa (2)	38	15:20.5	1:13.6	4:06.8	2:33.4
41 SMITH, Jenny	SR	203	UC-Colo. Spgs.	-	15:21.6	1:14.7	4:07.1	2:33.6
42 CURLEY, Angel	SO	122	Fort Lewis (2)	39	15:26.0	1:18.1	4:08.2	2:34.3
43 HOWARD , Jenna	SO	141	MSU Denver (5)	40	15:26.5	1:19.6	4:08.4	2:34.4
44 SHUSTER, Christy	SR	73	Colo. Christian (1)	41	15:29.2	1:22.3	4:09.1	2:34.9
45 BROWN, Sylvia	FR	32	Black Hills St. (3)	42	15:29.8	1:22.9	4:09.3	2:35.0
46 KETNER, Callie	SO	68	Colo. Christian (2)	43	15:37.0	1:29.1	4:11.2	2:36.2
47 FOSTER, Amanda	SO	14	Adams State (7)	(44)	15:37.6	1:30.7	4:11.4	2:36.3
48 KORT, Vanessa	JR	143	MSU Denver (6)	(45)	15:39.1	1:32.2	4:11.7	2:36.5
49 FANKHOUSER, Katie	FR	125	Fort Lewis (3)	46	15:41.4	1:34.5	4:12.4	2:36.9
50 MCALINDON, Courtney	SO	238	Westminster (Utah)	47	15:44.8	1:37.9	4:13.3	2:37.5
51 BENZE, Krista	SO	121	Fort Lewis (4)	48	15:46.3	1:39.4	4:13.7	2:37.7
52 RAICHART , Alex	SO	108	Colorado Mines (6)	(49)	15:46.5	1:39.6	4:13.7	2:37.7
53 MUEHLBAUER, Ana	JR	71	Colo. Christian (3)	50	15:48.2	1:41.3	4:14.2	2:38.0
54 MORALES, Paige	SO	17	Adams State	-	15:48.4	1:41.5	4:14.3	2:38.1
55 BASSETT, Sarah	FR	196	UC-Colo. Spgs.	-	15:48.8	1:41.9	4:14.4	2:38.1
56 HONYUMPTWEA, Alisia	SO	126	Fort Lewis (5)	51	15:52.1	1:45.2	4:15.2	2:38.7
57 MATTSON, Elizabeth	SO	70	Colo. Christian (4)	52	15:53.0	1:45.1	4:15.5	2:38.8
58 DORION, Amalia	FR	13	Adams State	-	15:53.8	1:46.9	4:15.7	2:39.0
59 BECK, Esther	JR	120	Fort Lewis (6)	(53)	15:55.6	1:48.7	4:16.2	2:39.3
60 MOSER, Holly	FR	107	Colorado Mines (7)	(54)	15:55.9	1:49.0	4:16.3	2:39.3
61 READ , ABI	FR	148	MSU Denver (7)	(55)	15:59.5	1:52.6	4:17.2	2:39.9
62 BRIGHT, Taylor	SO	176	South Dakota Mine	56	15:59.8	1:52.9	4:17.3	2:40.0
63 ELDER, Dorothy	JR	124	Fort Lewis (7)	(57)	16:00.3	1:53.4	4:17.5	2:40.0
64 RIEF, Allison	FR	37	Black Hills St. (4)	58	16:00.9	1:54.0	4:17.6	2:40.1
65 HUDYMA, Mayson		34	Black Hills St. (5)	59	16:04.6	1:57.7	4:18.6	2:40.8
66 BUTLER, Lindsay	FR	177	South Dakota Mine	60	16:05.0	1:57.1	4:18.7	2:40.8
67 LUNDQUIST , Taylor		36	Black Hills St. (6)	(61)	16:05.4	1:58.5	4:18.8	2:40.9
68 WORLINE, Emily	SO	242	Westminster (Utah)	(62)	16:07.2	2:00.3	4:19.3	2:41.2
69 WATSON, Madison	SR	52	Chadron State (1)	63	16:10.7	2:03.8	4:20.2	2:41.8
70 CAUSEY, Hannah	SR	65	Colo. Christian (5)	64	16:10.8	2:03.9	4:20.3	2:41.8
71 DELACRUZ, Karla	SR	123	Fort Lewis	-	16:11.7	2:04.8	4:20.5	2:41.9
72 MENTE, Kenzie	JR	89	Colorado Mesa (3)	65	16:11.7	2:04.8	4:20.5	2:41.9
73 HIRSCHMAN, Tamara	FR	85	Colorado Mesa (4)	66	16:12.4	2:05.5	4:20.7	2:42.1
74 WILLADSEN, Emma	SR	54	Chadron State (2)	67	16:13.4	2:06.5	4:21.0	2:42.2
75 DARNELL, Ryley	FR	178	South Dakota Mine	68	16:14.2	2:07.3	4:21.2	2:42.4

2020 RMAC CROSS COUNTRY CHAMPIONSHIPS

Colorado Springs, CO

Monument Valley Park

Saturday, October 24, 2020

**OFFICIAL MEET REPORT**

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Race #1
WOMEN • 6 Kilometers (3.73 Miles)**4K SPLIT SCORES****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
76 MOENNING, Bekah	SO	144	MSU Denver	-	16:16.2	2:09.3	4:21.7	2:42.7
77 DYKSTRA, Erica		33	Black Hills St. (7)	(69)	16:16.7	2:09.8	4:21.8	2:42.8
78 WILLIAMS, Sydney	FR	110	Colorado Mines	-	16:20.5	2:13.6	4:22.9	2:43.4
79 ROMEY, Tukker	FR	49	Chadron State (3)	70	16:20.6	2:13.7	4:22.9	2:43.4
80 WALD, Morgan	FR	39	Black Hills St.	-	16:21.9	2:15.0	4:23.2	2:43.6
81 FRANKE, Alyssa	SO	180	South Dakota Mine	71	16:22.5	2:15.6	4:23.4	2:43.7
82 SALINE, Abbie	FR	183	South Dakota Mine	72	16:28.9	2:22.0	4:25.1	2:44.8
83 KUIPERS, Michelle	FR	69	Colo. Christian (6)	(73)	16:32.5	2:25.6	4:26.1	2:45.4
84 JOHNSON, Josii	SO	236	Westminster (Utah)	(74)	16:34.2	2:27.3	4:26.5	2:45.7
85 VILHAUER, Maddy	SR	241	Westminster (Utah)	-	16:37.4	2:30.5	4:27.4	2:46.2
86 PIERANTONI, Beth	FR	72	Colo. Christian (7)	(75)	16:39.8	2:32.9	4:28.0	2:46.6
87 HOOPER, Tessa	JR	67	Colo. Christian	-	16:40.6	2:33.7	4:28.2	2:46.8
88 SETTLES, Sydney	JR	50	Chadron State (4)	76	16:48.7	2:41.8	4:30.4	2:48.1
89 KINCAID, Taylor	FR	87	Colorado Mesa (5)	77	16:49.3	2:42.4	4:30.6	2:48.2
90 SWINNEY, Kassyl	FR	51	Chadron State (5)	78	17:02.2	2:55.3	4:34.0	2:50.4
91 KNIGHT, Jaden	FR	127	Fort Lewis	-	17:08.7	3:01.8	4:35.8	2:51.4
92 WILSON, Adeline	SO	184	South Dakota Mine	(79)	17:19.5	3:12.6	4:38.7	2:53.2
93 ROSENKRANZ, Ella	FR	91	Colorado Mesa (6)	(80)	17:29.1	3:22.2	4:41.3	2:54.8
94 WILKIE, Hannah	FR	53	Chadron State (6)	(81)	17:43.5	3:36.6	4:45.1	2:57.2
95 KINCAID, Arianna	FR	86	Colorado Mesa (7)	(82)	17:45.4	3:38.5	4:45.6	2:57.6
96 DENMAN, Hannah	FR	179	South Dakota Mine	(83)	17:57.0	3:49.1	4:48.7	2:59.5
97 KNUDTSON, Lillian	FR	182	South Dakota Mine	-	18:08.5	4:01.6	4:51.8	3:01.4
98 KACZMARZ, Nadia	SO	181	South Dakota Mine	-	18:50.4	4:43.5	5:03.0	3:08.4