



MIAA TRACK & FIELD CHAMPIONSHIPS
 University of Nebraska at Kearney
 Friday-Sunday, May 4th-6th, 2018



COMBINED EVENTS

Friday, May 4th

1:00 PM Decathlon (100 – Long Jump – Shot Put – High Jump – 400)
 1:30 PM Heptathlon (100H – High Jump – Shot Put – 200)

Saturday, May 5th

10:00 AM Decathlon (110H – Discus – Pole Vault – Javelin – 1500)
 10:30 AM Heptathlon (Long Jump – Javelin – 800)

FIELD EVENTS

Saturday, May 5th

12:30 PM Discus (M)
 Long Jump (M)
 2:30 PM Pole Vault (W)
 3:30 PM Discus (W)
 Long Jump (W)
 5:30 PM Pole Vault (M)
 6:30 PM Shot Put (M)
 Shot Put (W)

Sunday, May 6th

11:00 AM Javelin (W)
 Triple Jump (W)
 Hammer Throw (M)
 High Jump (M)
 1:30 PM Javelin (M)
 Triple Jump (M)
 High Jump (W)
 Hammer Throw (W)

TRACK EVENTS

Saturday, May 5th (all prelims except 10k)

4:30 PM 110 Meter Hurdle (M)
 4:50 PM 100 Meter Hurdle (W)
 5:10 PM 400 Meter Dash (M)
 5:25 PM 400 Meter Dash (W)
 5:40 PM 100 Meter Dash (M)
 5:55 PM 100 Meter Dash (W)
 6:10 PM 800 Meter Run (M)
 6:30 PM 800 Meter Run (W)
 6:50 PM 400 Meter Hurdles (M)
 7:05 PM 400 Meter Hurdles (W)
 7:20 PM 200 Meter Dash (M)
 7:35 PM 200 Meter Dash (W)
 7:50 PM 10,000 Meter Run (M)
 8:30 PM 10,000 Meter Run (W)

Sunday, May 6th (finals only)

12:00 PM 4x100 Meter Relay (M)
 12:10 PM 4x100 Meter Relay (W)
 12:20 PM 3,000 Meter Steeple (M)
 12:40 PM 3,000 Meter Steeple (W)
 1:00 PM 1,500 Meter Run (M)
 1:15 PM 1,500 Meter Run (W)
 1:30 PM 110 Meter Hurdles (M)
 1:40 PM 100 Meter Hurdles (W)
 1:50 PM 400 Meter Dash (M)
 2:00 PM 400 Meter Dash (W)
 2:10 PM 100 Meter Dash (M)
 2:20 PM 100 Meter Dash (W)
 2:30 PM 800 Meter Run (M)
 2:40 PM 800 Meter Run (W)
 2:50 PM 400 Meter Hurdles (M)
 3:00 PM 400 Meter Hurdles (W)
 3:10 PM 200 Meter Dash (M)
 3:20 PM 200 Meter Dash (W)
 3:30 PM 5,000 Meter Run (M)
 3:55 PM 5,000 Meter Run (W)
 4:20 PM 4x400 Meter Relay (M)
 4:35 PM 4x400 Meter Relay (W)